

#LookingAfterYourJoints



With scientific endorsement from:



# MUCH MORE THAN PATIENTS

#OAFICongress24



**Free registration**

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**23rd, 24th & 25th October**  
**AXA Auditorium**  
**Barcelona**



#### Location:

Auditorio AXA (L'Illa Diagonal) Av. Diagonal, 547  
08029 Barcelona (Spain)

Language: Spanish and English (simultaneous translation)    
Time: CET

#### Hosted by

Txe Arana, professional communicator and  
broadcaster, presenter of OAFI Radio&TV

#### Scientific coordination

Josep Vergés, President & CEO of OAFI Foundation,  
President of AECOSAR

01

Agenda 23.10

02

Agenda 24.10

03

Agenda 25.10

04

Activities

# DAY 1 **Wednesday 23**

9:00

## Opening

09:30 – 10:05

## Inauguration: Welcome to #OAFICongress24!

- Delegate, Generalitat de Catalunya
- Delegate, Barcelona Council
- Josep Vergés, president & CEO, OAFI Foundation

10:05 – 11:00

## Patients move the world: The OA Patient Force

- Steven Taylor, President & CEO, Arthritis Foundation (US)
- Andrea Tomasini, communication expert, Associazione Nazionale Persone con Malattie Reumatologiche e Rare (APMARR)
- Elsa Frazão Mateus, President, Liga Portuguesa Contra as Doenças Reumáticas (LPCDR)
- Françoise Alliot Launois, President, Association Française de Lutte Anti Rhumatismale (AFLAR)
- Maritza Quintero, Vice-President, Osteoarthritis Group of the Pan American League of Rheumatology Associations (PANLAR)
- Josep Vergés, President, OAFI Foundation



11:00 – 11:35

## Pharmaceutical intervention in osteoarthritis

- Jesús Gómez, Community Pharmacist, President of SOCFIC

11:35 – 11:55

## Break: visit to stands

11:55 – 12:30

## Cell therapy and regenerative medicine: Not everything goes!

- Sol Ruiz, Head of the Biological Products, Advanced Therapies and Biotechnology Division, Spanish Medicines Agency (AEMPS)

12:30 – 13:05

## TriAnkle: Printing your tendon and cartilage

- Lluís Quintana, Corporate Manager, Viscofan Bioengineering
- Nina Martínez, Head of R&D, OAFI Foundation
- Gil Rodas, Medical Services, FC Barcelona

13:05 – 13:40

## Biological medicine in the treatment of osteoarthritis

- Xavier Tintoré, Head of plastic surgery service at Hospital General de Catalunya, founder of Clínica Exolife



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DAY 1 **Wednesday 23**



**13:40 – 14:00 Workshop: Tai Chi for all ages**

- Montse Serlavós, Tai Chi teacher

**14:00 – 15:00 Break: visit to stands**

**15:00 – 15:35 Round Table. Pain and nutrition: about SPMs**

- Malena Hawkins, PhD in Paediatric Endocrinology, Medical Director, SolutexCorp
- Laura Isabel Arranz, PhD in Nutrition, Pharmacist and Dietitian-Nutritionist
- Patient testimonial

**15:35 – 16:10 Chronic pain: How does the smoker suffer from it?**

- Luis Miguel Torres, President of SEMDOR, Pain Unit of the Puerta del Mar Hospital, Cádiz

**16:10 – 16:45 Will artificial intelligence help us with osteoarthritis?**

- Marta Manso, Business Development, SermesCRO

**16:45 – 17:00 Break: visit to stands**

**17:00 – 17:35 Osteopenia: DELPHI consensus on its management**

- Rafael Manuel Micó Pérez, vice president, SEMERGEN
- Jose Luis Baquero Úbeda, coordinator of CSR, IR and Access, OAFI Foundation

**17:35 – 18:10 Building a Strong Future: Prevention and Management of Osteoporosis**

- Daniel Martínez Laguna, Specialist in Family and Community Medicine, CAP Sant Martí de Provençals in Barcelona

**18:20 End of Day 1**

# DAY 2 Thursday 24

## 09:30 – 10:05 OAFI R&D: making the path

- Nina Martínez, Head of R&D, OAFI Foundation

## 10:05 – 10:40 Health and economics: a divergent reality

- Santiago Niño Becerra, economist, emeritus profesor, Ramon Llull University

## 10:40 – 11:15 Obesity: morbidity and co-morbidity in osteoarthritis

- Inka Miñambres Donaire, medical specialist in endocrinology and nutrition, Hospital de la Santa Creu i Sant Pau, SEEN representative
- Silvia García Díaz, Clinical Nurse in Rheumatology, Moisès Broggi Hospital Complex, Barcelona

## 11:15 – 11:55 Barometer of chronic pain associated with osteoporosis

- Dolors Navarro, Trustee of the Grünenthal Foundation and Director of Patient Involvement and Empowerment at the Hospital Sant Joan de Déu
- Jose Luis Baquero, Secretary General and Scientific Advisor of AECOSAR

## 11:55 – 12:30 Break: visit to stands

## 12:30 – 13:05 Active aging: What can be done from the nursing home?

- Fermín García, medical specialist in geriatrics, national medical director of Ballesol
- Resident testimonial





## DAY 2 **Thursday 24**



### 13:05 – 13:40 **No more falls in the bathroom**

- Daniel Morata, president and CEO, Renoveduch

### 13:40 – 15:00 **Break: visit to stands**

### 15:00 – 15:35 **Don't be misled! The importance of good legal advice**

- Alfons Catena, lawyer and Executive Director, SENIOR IURIS

### 15:35 – 16:10 **Is it possible to delay knee and hip replacement?**

- Francisco J. de Abajo, Professor of Pharmacology, Department of Biomedical Sciences, Faculty of Medicine and Health Sciences, University of Alcalá de Henares

### 16:10 – 16:45 **Let's talk about menopause and osteoarthritis**

- Sonia Sánchez, Medical Specialist in Gynecology and Obstetrics, Expert in Menopause and Pelvic Floor

### 16:45 – 17:00 **Break: visit to stands**

### 17:00 – 17:35 **Natural improvement of joints through the microbiota**

- Ingrid Möller, Medical Specialist in Rheumatology, Director of the Poal Institute for Rheumatology

### 17:35 – 18:15 **Workshop. Move for your joints, they deserve it!**

- María José Rivas, physiotherapist, Mad'or

### 18:15 **End of Day 2**

# DAY 3 Friday 25

09:30 – 10:05

## The therapeutic benefits of sea water: what is thalassotherapy?

- Andreu Palazón, Medical Specialist in Traumatology
- Joaquín Farnós, Director of the Thalasso Clinic Palasiet

10:00 – 10:35

## ARTRO360: informed and empowered patient

- Esther Gil, Strategic Director of Primary and Community Care, Department of Health of Catalonia
- Asunción Vázquez, Director, CAP Gatassa-Mataró
- Silvia Narejos, Director of Research and Innovation, EBA Centelles
- Josep Vergés Milano, President, OAFI Foundation

10:35 – 11:10

## Hand osteoarthritis: therapeutic gloves

- Expert speaker pending confirmation

11:10 – 11:45

## The basics of osteoarthritis

- Pedro Santos, Medical Specialist in Rheumatology, scientific director of BIOMAB, Colombia

11:45 – 12:00

## Break: visit to stands

12:00 – 12:35

## Much more than patients: The voices of OAFI

- Maria Teresa Vergés, Head of Patient Division, OAFI
- Patient testimonials

12:35 – 13:10

## High-Frequency magnetotherapy: Accelerating your recovery

- Hugo Quintana, general director of Delta Medics Sigma, delegate advisor at Vital&Clinic, senior advisor Storz Medical
- Roberto Poppa, director Storz Medical





# DAY 3 Friday 25



## 13:10 – 13:45 **Workshop. Yoga tailored to your joint health**

- Silvia María Colomo, yoga teacher

## 13:45 – 15:00 **Break: visit to stands**

## 15:00 – 15:35 **How to manage fibromyalgia**

- Mayte Serrat López, physiotherapist and general health psychologist, President of the CIM Project. Head of Fibrowalk therapy USSC Hospital Vall D'Hebron.

## 15:35 – 16:10 **The robotic solution tailored to your needs**

- Speaker to be confirmed

## 16:10 – 16:45 **The secret to happiness: exploring our inner self**

- Venerable Thubten Wangchen , Buddhist monk, founder of the Tibet House of Barcelona

## 16:45 – 17:20 **Insomnia and pain: how to manage them?**

- Eduard Estivill, specialist and international pioneers in sleep medicine

## 17:20 – 17:45 **Special performance**

## 17:45 **Closing and acknowledgements**

- Josep Vergés, president and CEO, OAFI Foundation

## **End of #OAFICongress24 – Group photo of attendees**



# Free Activities

Auditorium

Stands Zone

Exterior

Wednesday 23

**Early Diagnosis and Prevention Campaign with COMITAS mobile units**  
9:00 – 18:00

**Workshop: Tai Chi for all ages**  
13:35 – 14:00

Thursday 24

**Workshop. Move for your joints, they deserve it!**  
María José Rivas  
17:35 – 18:15

**Cardiovascular Campaign: Check your cardiovascular health**  
Mercè Faraudó, nurse specialised in cardiac insufficiency  
10:00 – 13:00

Friday 25

**Workshop. Yoga tailored to your joint health**  
13:10 – 13:45

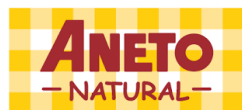
**How to manage fibromyalgia**  
Mayte Serrat  
15:00 – 15:35

# Collaborators

Thank you for making it possible

#OAFICongress24

## Much more than patients







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# OAFI Osteoarthritis Patients World Congress 2024

Contact: [info@oafifoundation.com](mailto:info@oafifoundation.com)

